



26001 Barber Cut Off Rd. NE  
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[www.KingstonFitness.org](http://www.KingstonFitness.org)

Dear Kingston Fitness Membership,

8/15/2022

Kingston Fitness has been a part of the Kingston community for over 20 years, many of you have become like family to us. Sadly, we must let you know that a very difficult decision has been made to discontinue general open gym operations starting October 1, 2022.

We do plan to maintain some of our class offerings or individual and perhaps small group personal training, but we will no longer be able to staff for open gym use as post COVID impact and general membership loss has made continuation unsustainable. Kingston Fitness has always been a fitness and wellness center component of Kitsap Physical Therapy and Sports Clinics, and it may be that moving forward we will operate any classes or training under this name. As we transition and communicate with our Kingston Fitness team, the hours of the fitness center may be subject to change prior to October 1 dependent on staffing availability.

On a very positive note, we would like to fill you in on a little history we have in association with our community's beautiful new "The Yard Fitness Club". The owners David and Amy Harvey have a long-time connection with Kitsap Physical Therapy and Sports Clinics current President, Dave Damon. The Yard Fitness Club's owner David connected with Dave Damon some 25 years ago through close family friends. David Harvey, having significant experience in the fitness industry offered to help with some consulting ideas as Kingston Fitness center was developing in the early years. Prior to The Yard Fitness Club opening, Mr. Harvey contacted Mr. Damon hoping there might be some sort of partnering for the vision he had for the historic Kingston Lumber site becoming a comprehensive state of the art fitness and wellness collaboration. As appealing and exciting as this seemed, the timing, unfortunately, just didn't work out given lease obligations and recent facility remodel and expansion commitments.

Our team has been working with The Yard Fitness Club and we are moving forward in a spirit of collaboration, though in separate locations, we believe we can together bring the very best rehabilitative, specialty care, wellness, and performance expertise to our community. Kingston Fitness and The Yard Fitness Club have partnered on a membership transfer program to help make the transition as easy as possible for our members to continue with their health and fitness goals.

Special transition membership opportunities for The Yard Fitness Club will be communicated separately. Please contact us about any unused portions of memberships or punch passes and we can help facilitate transfers or refunds if needed.

General Manager Sarah Hansen has poured her heart into Kingston Fitness over the past 7 years, and along with her staff will continue to serve our members during this transition. We look forward to a great future in a new collaboration.

Very sincerely and with mixed emotions,

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**And the entire Kingston Fitness Community**